

WE WARMLY INVITE YOU TO JOIN US IN

# Cultivating Peace of Mind

*A Springtime Fundraiser*



**Sunday, May 19th, 2019**  
**5-7 pm, Casual Attire**  
**2007 Trumbull Terrace NW,**  
**Washington D.C.**

*Inspiring conversation, live music, tasty fare, and affirming words from our young Peace of Mind Ambassadors*

**\$200 PER PERSON SUGGESTED DONATION**  
**(TAX DEDUCTIBLE)**

**RSVP    Donate**



Peace of Mind is a teacher-created, evidence-based program that supports mindfulness based social and emotional learning in elementary schools. The Peace of Mind Program helps children develop life skills to notice and manage emotions, build healthy relationships, and solve conflicts peacefully. Peace of Mind Inc. is a 501(c)(3) nonprofit organization based in Washington DC.

Proceeds from this evening will support Peace of Mind in developing new curricula and training for educators and parents, building a solid organizational foundation, and advocating for more peaceful and inclusive schools.

[TeachPeaceofMind.org](http://TeachPeaceofMind.org)

*"This program has made a big difference in my son's life by giving him tools to use to calm himself and respond to stress and conflict. This has helped him academically and socially."*

*– Peace of Mind Parent*

