



Peace of Mind Training and Support

❖ Online Training Courses

We recommend taking the following courses before you begin teaching the *Peace of Mind Curriculum*:

Course # 1: Introduction to Mindfulness and Social and Emotional Learning

Course # 2: Getting Started with the Peace of Mind Curriculum

- To enroll, go to: <https://peace-of-mind-training-courses.teachable.com>
- Each multi-media course offers a 2 hour certificate of completion
- Individual fee: \$25 for one course; \$40 for two courses.
- Discounted School Fee: \$500 for access to two courses for up to 25 users.

❖ Peace of Mind Program In-person Training

Interactive Professional Development for Educators and Informative Parent Meetings in the Washington DC metro area. We recommend a two-hour training for all staff before beginning implementation of the Peace of Mind Program, and offer mid-year PD sessions as well.

	2 hours with two instructors
Up to 25 participants	\$700
25 to 50 participants	\$780

❖ Speaking

Keynote Presentation	\$1,250 to \$2,000
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❖ Community Gatherings

Annual Conference	\$35 per participant
Community of Practice Gatherings	free

❖ Questions?

Join the [Peace of Mind mailing list](#) to receive registration information, email teachpeaceofmind@gmail.com, or visit <https://TeachPeaceofMind.org>.

