



Peace of Mind Curriculum Costs

May 2019

The *Peace of Mind Curriculum* is written for professional educators, designed by teachers for teachers to be “ready to use.” Required materials include the curriculum and readily available storybooks. Supporting materials and training are highly recommended, but optional.

Required: The Peace of Mind Curriculum (one curriculum per teacher)

Core Curriculum for Early Childhood	\$49.95
Core Curriculum for Grades 1 and 2	\$49.95
Core Curriculum for Grades 3-5	\$49.95
Curriculum Series (3 volumes)	\$120.00

Recommended: Peace of Mind Supporting Materials

Student Journals	\$7 each
Ways to Practice Mindfulness Posters	\$15 each
Anchor Charts (Brain and Toolbox)	\$6 each
Brainy the Puppet	\$12.95 per classroom

Recommended: orientation, training and support

Beginning of year 2 hour group training	\$700.00
Online Courses	\$500 for whole school package
Peace of Mind January Conference	\$35 per educator

Required: Storybooks* and Materials NOT Available through Peace of Mind

Storybooks for Grades 1 and 2	\$75.00 estimated
Storybooks for Grades 3 to 5	\$130.00 estimated
Materials per classroom	\$50.00 estimated

** Many required storybooks may already be in your school library. For a list of required books and materials, visit:*

<http://www.teachpeaceofmind.com/the-peace-of-mind-curriculum-series/>



Please contact us for an individualized cost estimate for your school.

We realize that you might need a hand putting all of this together to come up with a cost estimate that reflects the particular needs of your school. We are very happy to help! We would be glad to calculate estimated costs based on scenarios you provide including the overall number of classrooms, and the number of classrooms in each grade level that may be using Peace of Mind. Please contact Cheryl at TeachPeaceofMind@gmail.com.

Discounts for Title I schools

Modest grants are available to Title I schools purchasing the *Peace of Mind Curriculum* for the first time. The application process is very straightforward, and Peace of Mind offers at 30% discount on Peace of Mind materials to all grantees. For more information, please visit <https://teachpeaceofmind.org/support-for-title-i-schools/>, or contact Cheryl for more information at <mailto:TeachPeaceofMind@gmail.com>.

We thank you for your interest and look forward to speaking with you.

For more information, please contact Cheryl Dodwell, Executive Director, at Teachpeaceofmind@gmail.com.

Peace of Mind's mission is to encourage and support the comprehensive integration of effective mindfulness-based social and emotional learning programs in elementary schools to improve student well-being and create kinder, more inclusive school climates. We accomplish our mission through:

- Developing and sharing the Peace of Mind Program, including curricula, storybooks, and resources that reflect our deep in-classroom experience, learning from our pilot schools, and current research.
- Sharing our experience of the transformative effect of comprehensive, school-wide mindfulness-based SEL across multiple platforms as a means to inspire, educate and support others with similar goals.
- Building and supporting the Peace of Mind Community through Community of Practice gatherings, online forums, and partnerships.