



Cost Estimates for Peace of Mind Implementation

Estimates for three virtual scenarios * September 2020

Questions? Info@TeachPeaceofMind.org

1 Implementation by Counselor Working with Grades PreK-5

Classroom Resources	Cost per Grade Level
Essential Tools	
4 Curriculum Guide Series (EC, 1-2, 3, 4-5)	\$180
Social Justice Lesson Supplement 3-5	free
Video Library Access	free
Ways to Practice Mindfulness Poster	\$15
Brain and Conflict Anchor Charts	\$12
Brainy Puppet and Paco Puppet	\$28
Set of Storybooks* needed for Grades 1-5	\$240
Total Cost/Classroom - essentials	\$475
Optional Tools	
9 week virtual Lesson Series	free
Mindfulness Practice Cards (1 set)	\$10
EC Optional Storybooks* estimated cost	\$120
Total Cost/Classroom - fully equipped	\$605

2 Implementation by Counselor Working with Grades K-8

Classroom Resources	Cost per Grade Level
Essential Tools	
4 Curriculum Guide Series (EC, 1-2, 3, 4-5)	\$180
Social Justice Lesson Supplement 3-5	free
Middle School Curriculum Guide	\$49.95
Video Library Access	free
Ways to Practice Mindfulness Poster	\$15
Brain and Conflict Anchor Charts	\$12
Brainy Puppet and Paco Puppet	\$28
Set of Storybooks* needed for Grades 1-8	\$270
Total Cost/Classroom - essentials	\$555
Optional Tools	
9 week virtual Lesson Series	free
Mindfulness Practice Cards (1 set)	\$10
EC Optional Storybooks* estimated cost	\$120
Total Cost/Classroom - fully equipped	\$685



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3 Implementation by Classroom Teacher Teaching Grade 1,2,3,4 or 5

Classroom Resources	Cost per classroom
Essential Tools	
Curriculum Guide (for 1-2, 3, OR 4-5)	\$50
Social Justice Lesson Supplement for 3-5	free
Video Library Access	free
Ways to Practice Mindfulness Poster	\$15
Brain and Conflict Anchor Charts	\$12
Brainy Puppet	\$13
Set of Storybooks* (estimated cost)	\$120
Total Cost/Classroom - essentials	\$210
Optional Tools	
9 week virtual Lesson Series	free
Mindfulness Practice Cards (1 sets)	\$10
Conflict CAT Game	\$15
Journals (20) Optional for Grades 1-5	\$140
Total Cost/Classroom - fully equipped	\$375

4 Implementation by Classroom Teacher Teaching Early Childhood

Classroom Resources	Cost per Classroom
Essential Tools	
Curriculum Guide	\$50
Video Library Access	free
Ways to Practice Mindfulness Poster	\$15
Brain and Conflict Anchor Charts	\$12
Brainy Puppet and Paco Puppet	\$28
Set of Storybooks - none required	\$0
Total Cost/Classroom - essentials	\$105
Optional Tools	
9 week virtual Lesson Series	free
Mindfulness Practice Cards (1 set)	\$10
Optional Storybooks* estimated cost	\$120
Total Cost/Classroom - fully equipped	\$235

* Only four storybooks are available through Peace of Mind: *Rosie's Brain*, *Henry is Kind*, *Sergio Sees the Good*, and *Tyaja uses the THiNK Test*. The rest are available through Amazon or your local bookseller, or may already reside in your school library.



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Professional Development

Choose what you need	Cost
Beginning of Year PD Staff Training virtual / in person - highly recommended	\$700
School-wide yearly subscription to online courses - highly recommended	\$600
Mid-year 60-minute virtual PD for educators - optional	\$450
January 2021 Conference - highly recommended	\$40 per person
General Community of Practice Gatherings - recommended - no charge	\$0
Monthly Facilitated Virtual Community Circle for School Staff	please contact us