



Pricing

The *Peace of Mind Curriculum* is written for professional educators, designed by teachers for teachers to be “ready to use.” Required materials include the curriculum and readily available storybooks. Supporting materials and training are highly recommended but optional.

Required: The Peace of Mind Curriculum (one curriculum per teacher)

Per Curriculum Guide	\$49.95
Elementary Curriculum Series (4 volumes)	\$180.00
Middle School Core Curriculum	\$49.95
Social Justice Lesson Supplement for 3-5	Free

Recommended: Peace of Mind Supporting Materials

Student Journals	\$7 each
Ways to Practice Mindfulness Posters	\$15 each
Anchor Charts (Brain and Toolbox)	\$6 each
Brainy the Puppet	\$12.95 each
Mindfulness Practice Cards	\$10 each
Conflict CAT Game	\$15 each

Recommended: orientation, training and support

Beginning of year 2 hour group training (virtual/in person)	\$700.00
Online Courses (year-long access for 20 educators)	\$600 for whole school package
Online training/mentoring sessions	varies according to need
Peace of Mind January Conference	\$35 per educator

Required: Storybooks* and Materials NOT Available through Peace of Mind

Storybooks for Grades 1 and 2	\$75.00 estimated
Storybooks for Grades 3 to 5	\$130.00 estimated
Materials per classroom	\$50.00 estimated

**Please contact Cheryl for an individualized cost estimate for your school.
Info@TeachPeaceofMind.org**

Peace of Mind Resources "

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Peace of Mind Curriculum Guides \$49.95 each

Core Curriculum for Early Childhood

Core Curriculum for Grades 1 and 2

Core Curriculum for Grades 3 to 5

Curriculum for Grades 4 and 5

Core Curriculum for Grade 6

Elementary Core Curriculum Series \$180.00

Early Childhood, Grades 1-2, Grades 3, Grades 4&5



Peace of Mind Storybooks by Linda Ryden

Tyaja Uses the Think Test \$16.95

Sergio Sees the Good \$16.95

Henry is Kind \$16.95

Rosie's Brain \$14.99

El Cerebro de Rosita *lp'Ur cpluj #* \$14.99



Peace of Mind Mindfulness Card Set

10 Ways to Practice Mindfulness \$10.00

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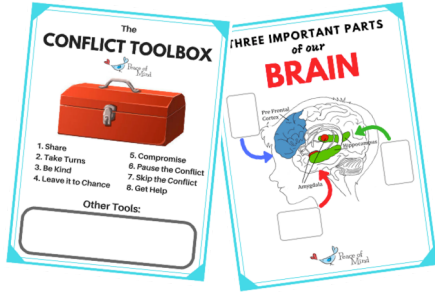
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Peace of Mind Resources

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For use with all Peace of Mind Curricula
12 x 18 inches; glossy finish, sturdy card stock

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For use with all Peace of Mind Curricula
18x24 inches; laminated and sturdy

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32 pages for weekly reflections; certificate at end
8 1/2 x 11 inches; sturdy color cover with b/w interior

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Role-Play Game that helps kids practice using skills to
Calm Down, Apologize and use Tools to solve Conflicts
Playing cards with instructions in a handy canvas bag.

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Books and Materials Required

Curriculum	Author	Item
Grades 4 and 5	Linda Ryden/ Cheryl Dodwell	Peace of Mind Curriculum for Grades 4 and 5
Required Books		
Week 9	Linda Ryden	<i>Tyaja Uses the THINK Test</i>
Week 11	Erin Frankel	<i>Weird! A Story about Dealing with Bullying in Schools</i>
Week 12	Erin Frankel	<i>Dare!</i>
Week 13	Erin Frankel	<i>Tough!: A Story about How to Stop Bullying in Schools</i>
Week 14	Linda Ryden	<i>Sergio Sees the Good</i>
Week 17	Linda Ryden	<i>Rosie's Brain</i>
Materials		Chime or Bell, Breathing Ball
Grades 3-5	Linda Ryden / Cheryl Dodwell	Peace of Mind Core Curriculum for Grades 3-5
Required Books		
Week 6	Gail Silver	Steps and Stones
Week 8	Derek Munson	Enemy Pie
Week 16	Dr. Seuss	"The Zax" in The Sneetches and Other Stories
Week 19	Trudy Ludwig	Sorry
Week 29	Peggy Moss	Say Something
Week 31	Sara Marlowe	No Ordinary Apple
Throughout	Linda Ryden	<i>Rosie's Brain, Henry is Kind</i>
Materials		Chime or Bell, Breathing Ball
Grades 1-2	Linda Ryden / Cheryl Dodwell	Peace of Mind Core Curriculum for Grades 1-2
Required Books		
Week 2	Lauren Alderfer	Mindful Monkey, Happy Panda
Week 5	Leo Lionni	A Color of His Own
Week 9	Peggy Moss	One of Us
Week 13	Janice May Udry	let's Be Enemies
Week 15	Paul Showers	A Listening Walk
Week 16	Sarah Lamstein	I Like Your Buttons
Week 17	Nancy E. Wallace	The Kindness Quilt
Week 18	Trudy Ludwig	The Invisible Boy
Week 20	Gail Silver	Anh's Anger
Week 23	Linda Ryden	<i>Rosie's Brain, Henry is Kind</i>
Week 26	Tad Hills	Duck and Goose
Materials		Chime or Bell, Breathing Ball, Brainy Puppet
Early Childhood	Jillian Diesner	Peace of Mind Core Curriculum for Early Childhood
Required Books		None (suggested optional books included for each lesson)
Materials		Chime or Bell, Puzzle, 2 Hand Puppets, Breathing Ball